Hayden Lake Family Physicians 8181 Cornerstone Dr. Hayden Lake, ID 83835 (208) 772-0785

FASTING LABS

Fasting labs mean nothing to eat or drink 12 hours before the blood draw, **EXCEPT FOR WATER!! PLEASE DRINK ALL THE WATER YOU CAN!!** We start blood draws at 7:30 a.m. by appointment only. You may take your medications with water. If you are doing a glucose tolerance test please be informed you may not leave the building until the test is finished.

Patients having medication levels drawn such as Digoxin and Tegretol levels please schedule your blood draw 12 hours after your last dose. You may bring your medications with you and take them after your blood draw.

Thank You
Hayden Lake Family Physicians